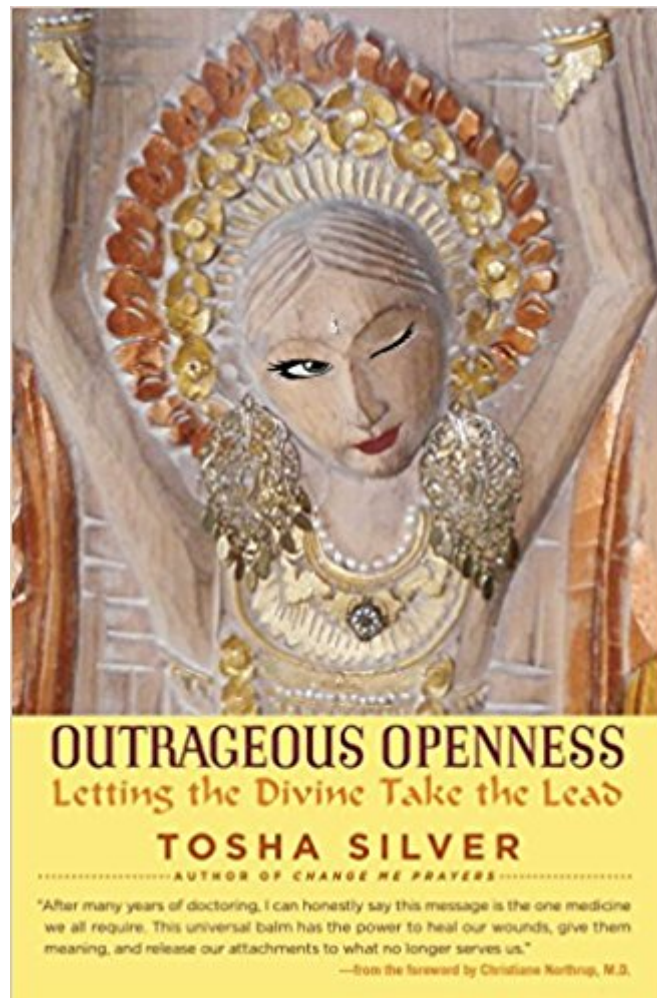


The book was found

Outrageous Openness: Letting The Divine Take The Lead



Synopsis

A collection of spiritual lessons, anecdotes, and thoughts on the Divine's intervention in our lives, this brilliantly written and wonderfully entertaining book teaches us how to live purposefully and in line with the Force of Love. "What if the Divine is constantly igniting roadside flares to get our attention? What if there actually is a Supreme Organizing Principle with an unbridled sense of humor? And what if we each have this ardent inner suitor who's writing us love letters every day that often go unopened?" Whether we know it or not, we all experience the touch of the Divine in our lives every single day. After twenty-five years spent consulting and advising tens of thousands of people from all over the world, Tosha Silver realized that almost all of us have similar concerns: "How do I stop worrying? How can I feel safe? Why do I feel so alone?" and often, "Who am I really?" For the passionately spiritual and the bemusedly skeptical alike, she created *Outrageous Openness*. This delightful book, filled with wisdom and fresh perspectives, helps create a relaxed, trusting openness in the reader to discover answers to life's big questions as they spontaneously arise. *Outrageous Openness* opens the door to a profound truth: By allowing the Divine to lead the way, we can finally put down the heavy load of hopes, fears, and opinions about how things should be. We learn how to be guided to take the right actions at the right time, and to enjoy the spectacular show that is our life.

Book Information

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Customer Reviews

"This book will change your life. I refer to it regularly." (Christiane Northrup, MD New

York Times bestselling author of *Women & Bodies*, *Women & Wisdom*) "If Amy Sedaris wrote obsessively about the Divine, this is what she might sound like. What a treat." (Darren Main author of *Yoga and the Path of the Urban Mystic* and *Inner Tranquility*) "A fun, fresh spiritual tune-up. Reading it is a like taking a bicycle ride or sitting by the stream and suddenly feeling like everything is just deliciously okay. Tosha Silver has a beautiful, believable, honest voice, and she is a delightful companion." (Tama Kieves best-selling author of *Inspired & Unstoppable: Wildly Succeeding in Your Life & Work*) "One of the best books we've ever read! My wife Hollie and I are huge fans of Tosha Silver. She delivers inspiration on every page!" (Robert Holden author of *Holy Shift*) "In a marketplace filled with lackluster spirituality books, this book sparkles with truth. Through touching personal stories, potent insights and holy humor, Tosha Silver reminds us that the only way to truly live is hand in hand, heart to heart, and hip bump to hip bump with the Divine." (Sera Beak author of *Red Hot and Holy: A Heretic's Love Story*) "Tosha Silver's benevolent, heart expanding book will transform you mightily with the greatest of ease." (SARK Artist Author, *Succulent Wild Woman PlanetSARK.com*) "This book offers readers a highly unusual gift & a way to release the exhausting pursuit of the ego's wishes and dreams, a path to living with joy, peace and contentment. Start down that path and miracles begin to happen beyond anything you could have predicted!" (Marci Shimoff #1 New York Times bestselling author of *Happy For No Reason, Love For No Reason*) "The holy grail is right here in this gem of a book. Tosha Silver's wisdom goes down as easy as a mint milkshake and leaves you feeling so free you'll want to do cartwheels on the beach. But don't be fooled by the simplicity of this message. Look no further for an easeful path to enlightenment infused with rapture and hope, which comes as much needed medicine for the soul." (Lissa Rankin, M.D. New York Times bestselling author of *Mind Over Medicine*) "Tosha Silver is an empathetic guide along the ever-present seam between the everyday and the sacred, letting us know that we can pull a thread of aliveness for ourselves at any time." (Mark Nepo author of *The Endless Practice* and *Seven Thousand Ways to Listen*)

Tosha Silver grew up thinking one day she would be a rabbi, a lawyer, or a weathergirl. But fate had other ideas. She graduated from Yale with a degree in English Literature but along the way fell madly in love with metaphysics and yogic philosophy. For the last 30 years she has taught many ways to align with the inner Divine. This book is adapted from her popular column at Examiner.com, a top 100 website that reaches over 37 million unique visitors a month. Tosha lives near San Francisco. Please visit ToshaSilver.com for more information.

My parents "got religion" in their late 20s while in the tundra of Alaska. Raised in a Fundamentalist Christian Church, I got the notion of spirit and the power of focus and prayer. But once the service was over, so was all discussion of the magic and freedom (and responsibility) I had just heard from the pulpit. Now, as a 56-year-old woman, I have spent 15+ years spiritually seeking and working on my walloped soul. I've read most every book in the New Age/Spirituality section at Barnes and Noble and beyond. And all of it has helped. I am centered, earnest and learning to operate from a base of love. Yet, the minute my feet hit the streets of NYC, I feel frustration, irritation, and angst. Hmmm....where is the application of my spiritual life? I am inconsistent with the protocol of meditation, gratefulness, and non-judgment. And then I read about Tosha Silver being on Dr. Christiane Northrup's Hay House Radio program. And I stared at her photo on Facebook, asking to be friends. I saw a neon Budweiser sign behind her and I knew I had to know more. It is her stories that crack open my faulty follow through and teach me to relax into my own "outrageous openness" of ability. I read this book yesterday and didn't want it to end, but when it did, I knew, KNEW I had the tools I'd been seeking since 1997 to live a wide open life! I thank all the authors and spirit guides I've read previously, but I tell you, this book will show you the way through Tosha's easy, clear, fun and no strings attached honesty and ridiculously righteous power. She breathes the wonder of love. Buy this book if you want to live whole and let the Divine truly take the lead. It is so much easier and practical. My favorite part is the story of the spiritual woman who refused to see the God in everyone and did hilariously absent things like walking away from someone while they were talking or emptying a dryer with wet clothes in order to place her laundry. At the end of the story, the woman is moving and catches a string of lights from the garage next to her and rather than stopping, lets the string rip off the garage exterior as Tosha and the other tenants watch the commotion trailing behind her. How many of us are caught in this struggle of wanting to source from spirit, but end up being horridly human? I don't want to live like that. Outrageous Openness frees me to live a life open to prayer, help, and miracles 24/7. I am excited for all my tomorrows, and delighted to be sitting in the now of this present, my past smiling, winded and done. Thank you, Tosha.

This book sits on my bedstand and I refer to it often...I have followed Tosha's instruction in connecting with the Divine Source with miraculous results...she has a wonderful sense of humor and a flowing writing style that takes you on a journey to your very own enlightenment of finding Self...The Divine is with me every step of the way and can move mountains when necessary, (well,

at least open up parking spaces)...don't laugh people, it works!! As a Metaphysician and Empath, I highly recommend this book to anyone seeking the easier, gentler road.

I really enjoy this book. It's light and easy to read, and full of examples of how letting go to a higher power is ultimately the best way to go through life. I recommend this book to friends and also to certain therapy clients, and it is well received 100% of the time.

This book was recommended to me by my favorite astrologer and I really resonated with the material. I have even applied it's principles to finding a living situation and have seen a lot of doors open (literally haha) as a result. I tend to let anxiety and worries about the future get the best of me and *Outrageous Openness* was an inspiring read to help me work on surrendering to the Divine.

I adore both books and I would read the books in order starting here. I have re-read her stories for affirmation and review after actually completing the book because it is that typeOf book. Each chapter is a small little vignette of her relationship to universal consciousness and in other chapters her use of astrology (sometimes misplaced I found), which she uses to inspire one's walk with developing one's faith and trust in letting go. This book helped me greatly because of how she uses her expiences to highlight her path to consciousness, which were funny as so human. I was in a place in my life at that time where I needed just to here and understand how to trust. This book was transformational and soglad I had "randomly" come across it when I did. Her second book is just as amazing and a little deeper (same format) about her path.

Every human being desires deeper connection what really matters. In Tosha's OO book, the elegant way she writes to sift the words over your heart is refreshing. Not only are her stories bare back relatble, but they give you a sense of your deeper self, your Spirit essence that we share with all living things on this beautiful earth. A splash of humor at just the right time grabs you with a "Throw your head back Laughter" you weren't expecting.....that in itself requires an ability on the writer to appeal to you senses in a creative and spontaneous way that I adored. I adored it so much I read it twice. I'ts a keeper and one you'll want to share for any number of reasons. But everyone will be uplifted with how the stories continue to "wink" at you throughout your day, giving your Spirit the connection it longs for in an authenic way.

What a refreshing approach to nurturing a relationship with the universal source that guides us all.

Thank you for this amazing book.....I am enjoying it immensely, and I have already read many of the chapters more than once.

This book is a delight!! This is a book that I know that I'm going to read again and again, there is so much to get out of it. Each chapter is its own little entity so you could just pick it up and read a chapter and sit with it a while. You could also get really excited and read it all in one go, which is what I did. :) There are a few chapters that talked about Astrology but seeing that I know nothing of Astrology, it read like Charlie Brown's adults to me. I'm sure that people who are in the know will get something out of it, I just didn't. The rest of the book is so wonderful that it didn't bother me though. I highly, highly recommend this book!

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